SOCIAL WORKERS
YOUR KEY TO BETTER HEALTH

Too many people face preventable barriers to health and to quality healthcare. Social workers make an impact by skillfully supporting people today while working to build stronger systems for tomorrow.

Social workers promote health

- For over 125 years, social workers have contributed to improved health for individuals, families, communities, and the nation.
- They are expert communicators who guide people through complex systems.
- Social workers advocate for people to get the care they need so they can focus on what matters most.
- Supported by a code of ethics, social workers challenge barriers so that people have access to what they need for improved quality of life.

Social workers enhance hope

- As skilled clinicians, social workers use evidence-informed approaches to attend to the whole person – mind, body, and spirit.
- They work to ensure that care is tailored to each person's specific goals and needs, enhancing hope and wellbeing.

Social workers improve healthcare outcomes

- With social workers as part of the team, healthcare providers can focus on what they do best knowing that every effort is made to help people get what they need.
- They save resources for over-burdened care systems, supporting healthcare to be as effective and efficient as possible.

As essential members of your care team, social workers…

- *Address concerns and priorities of people they serve*
- *Link people with needed resources and services*
- *Build therapeutic relationships that promote health*
- *Coordinate care*
- *Lead teams, departments, and organizations*
- *Provide counseling, support, psychotherapy, and education*
- *Improve coping and enhance wellbeing*
- *Address trauma, grief, and loss*
- *Evaluate practices and programs*
- *Streamline collaboration and communication*
- *Help manage complex situations*
- *Navigate care transitions*
- *Provide emotional support to healthcare teams*
- *Create policies and programs to better serve diverse communities*
- *Enhancing resilience for patients, families, colleagues, and communities*
- *Advocate for health equity*

Coalition for Social Work & Health — Improving the Nation's Health

Join the movement to elevate and expand social work's impact in improving our nation's health: **www.socialworkandhealth.org**

#socialworkisKEY